



Downtown Tulsa Restaurants



Downtown Tulsa Unlimited strives to ensure that all information contained in this guide is accurate and current. If you find missing or incorrect information, or if you would like to submit a restaurant for listing consideration, please email us at info@tulsadowntown.org.

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7 West Café & Grill

616 W 7th St.

Tulsa, OK 74127

918.587.8000

Hours: Sun-Mon 6am-10pm

7 West Café & grill, is located in the Double Tree Hotel in Downtown Tulsa.

A Matter of Taste

218 W 6th St.

Tulsa, OK 74119

918.582.4442

Abear's Restaurant

111 N Greenwood Ave

Tulsa, OK 74120

918.592.1025

Serving American cuisines. Abear's is located in the Greenwood Chamber of Commerce in suite 111.

Arby's

324 S. Main St.

Tulsa, OK 74103

918.585.6954

www.arbys.com

Hours: Mon-Fri 7am-5pm

Arby's takes pride in serving delicious, wholesome food made with the finest quality ingredients in every sandwich, salad, and side item they make.

Baxter's Interurban Grill

717 S. Houston Ave.

Tulsa, OK 74103

918.585.3134

www.baxtersgrill.com

Hours: Mon – Thur. 11am-10pm, Fri 11am-11pm, Sat 5pm-11pm

A downtown landmark since 1978. Patio dining, large banquet facility, free parking, catering available.

Billy's on the Square

424 S. Main St.

Tulsa, OK 74103

918.583.8703

www.billysonthesquare.com

Hours: Mon-Fri 10:30am-2pm

Our location on Bartlett Square in downtown has been a Tulsa tradition since 1984 for great food and great lunch time fun. Whether you just need a quick bite to eat, need a carry out order for everyone at the office or need a place to have a party to get the whole gang together, Billy's has you covered!

Blue Dome Diner & Only Love Catering

313 E. 2nd St.
Tulsa, OK 74120
918.382.7866

<http://www.myspace.com/bluedomediner>

Hours: Tues-Fri 7am-2pm, Sat-Sun 8am-1:30pm

Diner serving breakfast anytime. Events room for private parties or bands. Full service catering is available on premise or off premise.

Boston Avenue Grille & Catering

15 E. 5th Street
Tulsa, OK 74103
918.392.7171

www.bostonavenuegrille.com

Hours: Mon-Fri 7:00am-2:00pm

Daily menu consists of soups, salads and sandwiches, along with "from the border" selections. Starbucks Coffee products available. Also offering several specialty items on the catering menu geared toward people who are having business lunches and meetings.

Café Topeca

115 W. 5th Street
Tulsa, OK 74103
918.592.9090

www.topecacoffee.com,

www.facebook.com/pages/Tulsa-OK/Cafe-Topeca/26119855740

Hours: Mon-Wed 6:30am-6pm, Thur & Fri 6:30am-10pm, Sat 8:00am-5:00pm, Sun 10:00am-4:00pm

In 1870, an accomplished physician named Emilio Alvarez left the comfort and stability of his home country in Columbia in search of wealth and happiness in the wild frontier of El Salvador. With his family, he brought precious cargo including a caféto. Not just a coffee tree but a strain of the original Arabica coffee bean called "Typica" that we now call Bourbon Café. Milo had no idea that within two generations, his family would become one of the most influential families in coffee.

Casa Laredo

403 S. Cheyenne Ave.
Tulsa, OK 74103
918.591.3998

Hours: Sun – Thur 10:30am-9:30pm, Fri – Sat 10:30am – midnight

Offering Tex-Mex favorites.

Caz's Chowhouse

18 E. Brady St.
Tulsa, OK 74103
918.588.CHOW (2469)
www.cazschowhouse.com

Hours: Mon 11am-2pm, Tues-Thurs 11am-9pm, Fri 11am-10pm, Sat 5pm-10pm
Eclectic home-style cooking. Located in a converted brick warehouse with original overhead crane, fireplace, full bar and mezzanine seating. Dine outside on the patio and enjoy Brady Street.

CFC Chocolatier

15 E. Brady Street
Tulsa, OK 74103
918.576.6000
www.cfcchocolate.com

Hours: Call for hours

Who doesn't like chocolate? For chocolatier Patrick Aldred with 18 years of experience and knowledge of chocolate, the idea of creating a marriage between romantic Italy and luxurious chocolates would be a natural partnership. In pursuit of flavors with pure satisfaction, the focus was soon to be directed towards champagne and strawberries combined with chocolate. From personal indulgence to corporate gifting, let us meet all you chocolate desires.

The Chalkboard

1324 S. Main St. (Hotel Ambassador)
Tulsa, OK 74119
918.582.1964 restaurant, 918.382.6022 catering
www.thechalkboard-tulsa.com

Hours: Breakfast: Mon - Sat 6:30am-10am, Sun 7am-10am, Brunch: Sat - Sun 11am-2:30pm, Lunch: Mon - Fri 11am-2:30pm, Dinner: Mon - Thur 5pm-10pm, Fri - Sat 5pm-10:30pm, Sun 5pm-9pm
Nestled in the lower level of the historic Ambassador Hotel is The Chalkboard restaurant. A charming "European Style Bistro." We have been part of Tulsa's history since the 1970's. This upscale restaurant is open 365 days per year offering a continental menu. Our bar features an extensive wine list as well as fun drink specialties. Come enjoy half price appetizers in the bar 4:00pm-6:00pm daily. The Chalkboard offers full banquet and meeting facilities as well as off site catering. Let us take care of your next party or event.

The Coffee Connection "We Proudly Brew Starbucks"

616 W. 7th St. (Doubletree)
Tulsa, OK 74127
918.587.8000
www.doubletree.com

Hours: Mon - Sun 6am-8pm

The Coffee Connection is where "We Proudly Brew Starbucks" coffee, cappuccinos, lattes, and espresso. It features homemade pastries, cinnamon rolls, muffins and their famous chocolate chip cookies. Complimentary WiFi is available. They are located in the Doubletree Hotel Tulsa Downtown.

Coney Island

123 W. 4th St.
Tulsa, OK 74103
918.587.2821

<http://dinesite.com/info/rstrnt-183794/??&t=0>

Hours: Mon-Fri 10am-7pm

Now across the street from original 4th street location. You gotta have a dog or three, with onions. It's got flavor.

Courtyard Deli

413 S. Boston Ave.
Tulsa, OK 74103
918.587.3354

Hours: Mon-Fri 8am-4pm

Deli, soup, spuds, chili Frito pie, and daily specials including Greek style rice dishes, cabbage rolls, and teriyaki chicken. We bake our own bread, cookies, cheesecake, and baklava.

Daily Grill

100 E 2nd St.
Tulsa, OK 74103
918.295.7448

www.dailygrill.com

Hours: Mon-Thur, 6:30am-10:30pm, Fri - Sat, 6:30am-11pm, Sun, 6:30am-10pm

Daily Grill was created with influences from The Grill on the Alley in an upscale-casual restaurant concept that would be available to a larger number of people at more accessible prices. The first Daily Grill opened in Brentwood, an upscale Los Angeles area neighborhood, in 1988. Daily Grill Tulsa will feature wonderful recipes for every appetite and preference, all with a fresh but classic approach to traditional mainstays of an American grill menu.

Domino's Pizza

16 W. 4th St.
Tulsa, OK 74103
918.582.3030

www.dominos.com

Hours: Sun 11am-12am Mon-Thur. 11am-11pm, Fri - Sat 11am-Midnight

Founded in 1960, Domino's Pizza is the recognized world leader in pizza delivery operating a network of company-owned and franchise-owned stores in the United States and international markets.

El Guapo's Cantina

332 E. 1st St.
Tulsa, OK 74120
918.382.RITA (7482)

www.elguaposcantina.net

Hours: Sun-Thurs 11am-10pm, Fri-Sat 11am-11pm

The menu offers about a dozen Tex-Mex dishes and up to 26 more traditional Mexican selections. And naturally there will be a selection of house and specialty margaritas.

Eloté Café & Catering

514 S. Boston Ave.

Tulsa, OK 74103

918.582.1403

www.elotetulsa.com

Hours: Mon-Fri 10:30am-2:00pm

We at Eloté strive to serve you amazing food everyday by using the freshest ingredients available. Our bodies need nourishment in order to thrive and nutrition is key. We know how difficult it is to eat healthy, fresh food in our busy lives and we are dedicated to making that easier for you. Fresh ingredients and our love for food enables us to deliver tasty, healthy, filling food straight from our kitchen right to your plate. We do all this while limiting negative environmental impact through green practices. Go green, go fresh and eat Eloté!

Elsa's Downtown Café

218 W 6th St.

Tulsa, OK 74119

918.295.8311

Felini's

9 E. 5th St.

Tulsa, OK 74103

918.584.1772

www.feliniscookies.com

Hours: Mon-Fri 6:30am-2pm

At Felini's, they pride themselves on excellent quality and superior service, and use only the freshest ingredients to ensure the best tasting product anywhere.

Fortune Chef

109 S. Cincinnati Ave.

Tulsa, OK 74103

918.582.0280

Hours: Mon-Sat 11am-6pm dine in ,Mon-Sat 11am-7pm drive thru

Open Monday through Saturday, we provide a lobby where customers can sit and enjoy their meal. We also have a fast drive-thru. You may also call in your order for pick-up.

Grand Selections

309 S. Main St.

Tulsa, OK 74103

918.583.0510

Hours: Mon-Fri 11am-1:30pm

Stop by for one of our Grand BLT sandwiches or our delicious Chicken Cashew salad. Other specialties include loaded baked potatoes, wraps, sandwiches, soups, salads, and nachos.

Gypsy Coffee House & Cyber Cafe

303 N. Cincinnati Ave., 1st Floor

Tulsa, OK 74103

918.295.2181

www.gypsycoffee.com

Hours: Tues - Sun 4pm-12am, Fri & Sat - 4pm-3am

Tulsa's only late night coffee house, located in Tulsa's old town Brady District just north of Spaghetti Warehouse. We offer deli food, gourmet coffee drinks, Tulsa's largest selection of loose leaf & bagged teas and a huge selection of mouth watering desserts. Free WiFi & house computers. We host the longest weekly open mic, over 372 weeks, and have original acoustic music every Friday and Saturday. No cover anytime. Smoking patio out back. Come downtown where the action is!

Hopscotch Deli

601 S. Boulder Ave., Suite 115

Tulsa, OK 74119

918.359.3913

Hours: Mon - Fri 6am-3pm

Small cafe located inside Petroleum Building. Serving breakfast and lunch. Phone orders accepted limited delivery area available. Catering for coffee services, cookies, dessert trays, and box lunches.

Impressions

507 S. Main St.

Tulsa, OK 74103

918.587.0515

www.impressionsrestaurant.com/index.html

Hours: Mon-Fri 10:30am-3:00pm

Full Salad Bar open from 11 am –2pm. Serving Tulsa since 1978, Impressions serves salads, hot and cold sandwiches, chili, and soups for the hungry lunch crowd. Specializing in gourmet sandwiches too good to miss. Artisanal cheeses and breads, premium meats and fresh vegetables make these creations. The Prime Rib can't be beat.

Jackie's Sandwiches

401 S. Boston Ave.

Tulsa, OK 74103

Hours: Mon-Fri 7am-3pm

James E. McNellie's Public House

409 E. 1st St.

Tulsa, OK 74120

918.382.PINT (7468)

www.mcnellies.com

Hours: Mon-Sun 11am-close (2am at the latest)

James E. McNellie's is proud to offer two full service private dining rooms available for parties, reunions, and get-togethers.

Joe Momma's

112 S. Elgin Ave.
Tulsa, OK 74103
918.794.6353

www.joemommastulsa.com

Hours: Mon-Thurs 11am-12am; Fri-Sat 11am-3am; Sun 11am-10pm

Diners may build their own pizzas or make selections among the 16 specialty pizzas on the menu.

Jordan's Fresh Fish Market

140 N. Greenwood Ave.
Tulsa, OK 74120
918.582.1041

Hours: Tue-Fri 11am-7pm, Sat 11am-6pm

Stop in and taste some of the best fish in town.

KoKoa Kabana

507 S. Boston Ave.
Tulsa, OK 74103
918.592.5656

www.kokoachocolatier.com

Hours: Mon-Fri 8am-2pm

Featuring coffee, breakfast, lunch and handcrafted fine chocolates.

Lola's at the Bowery

5 E. Brady St.
Tulsa, OK 74103
918.592.7995

www.lolasatthebowery.com

www.myspace.com/lolasatthebowery

Hours: Weekdays 11am-2pm & Sat 5pm-10pm

Tulsa's best downtown bar and restaurant located in the Old Fox Hotel on the corner of N. Main and Brady. Tapas inspired menus of many selections is our specialty plus a varied and affordable wine list. Live music played Wednesday thru Saturday.

Long Palace Chinese Restaurant

12 W. 4th St.
Tulsa, OK 74103
918.582.4452

Hours: Mon-Fri 11am-2:30pm

Provides the traditional Chinese buffet

Lou's Deli

412 S. Main St.
Tulsa, OK 74103
918.587.0631

Hours: Mon-Thurs 7:30am-2:30pm, Fri 7:30am-2pm

Serves a quick and easy lunch to the downtown crowd on their lunch breaks. Subs, sandwiches, taco salads, and Frito pies comprise the menu here.

Mazzio's Pizza

421 E. 11th St., #B
Tulsa, OK 74120
918.664.4444

www.mazzios.com

Hours: Mon-Sun 10:30am-10pm

Mazzio's is known for hot, delicious pizzas. Build your own from their wide variety of toppings, or try one of their unique specialty pizzas. At Mazzio's everyone can get what they like!

Mexicali Border Cafe

14 W. Brady St.
Tulsa, OK 74103
918.582.3383

www.mexicalibordercafe.com

Hours: Sun-Mon 11am-9pm, Thurs-Fri 11am-10pm, Sat 11am-10:30pm

Mexicali Border Cafe' has been serving the Tulsa area authentic Mexican cuisine since 1987.

New Atlas Grill

415 S. Boston Ave.
Tulsa, OK 74103
918.583.3111

www.newatlasgrill.com

Hours: Mon-Fri 11am-3pm, Fri 7am-9:30am

Located deep in the lobby of one of Tulsa's historic Art Deco buildings, the Atlas Grill serves up the best lunch downtown.

ONEOK Cafeteria

100 W. 5th St.
Tulsa, OK 74103
918.588.7625

Hours: Mon-Fri 7am-1:30pm

Oklahoma Spud

410 S. Main St.
Tulsa, OK 74103
918.587.1255

Hours: Mon-Fri 11am-2pm

Featuring baked potatoes with a variety of toppings, hot dogs, tacos, and salads.

Petroleum Club

601 S. Boulder Ave., Suite 1301
Tulsa, OK 74119
918.585.9121

www.tulsapetroleumclub.com

Hours: Mon-Tues 11:30am-2pm Wed-Fri 11:30am-9pm; Sat 6pm-11pm. (hours can vary)

A landmark high-rise private club in downtown Tulsa with facilities offering lunches, fine dining, and personal attention for private gatherings--all with sweeping views of the city landscape.

Phat Philly's

1101 S. Detroit Ave.
Tulsa, OK 74120
918.382.PHAT (7428)

www.phatphillys.com

Hours: Mon - Thurs 10am-7pm ; Fri and Sat 10am-3pm & midnight-4am

Who's Phat? Phat Philly's! If you like authentic Philly cheese steaks - come try us out!

Quiznos

15 W. 5th St.
Tulsa, OK 74103
918.583.7849

www.quiznos.com

Hours: Mon-Fri 11am-5pm

Quiznos has been serving great oven baked subs in a fast and friendly manner since 1999. Call them today for all of your catering needs.

Seven West Cafe

616 W. 7th St. (Doubletree)
Tulsa, OK 74127
918.587.8000

www.doubletree.com

Hours: Sun - Mon 6am-10pm

If you're looking for great food in a relaxing atmosphere, look no further than Seven West Cafe. Open daily, the menu offers a wide variety from breakfast to dinner. They are located in the Doubletree Hotel Tulsa Downtown.

SoChey Jazz Café

219 S. Cheyenne Ave
Tulsa, OK 74103
918.295.0177

www.myspace.com/socheyjazzcafe

Hours: Mon-Fri 11am-2pm; Dinner: Tues- Sat 5pm- CLOSE; Brunch: Sundays 11am-2pm

Great food, Good Jazz, what more could you want ? We put heart and soul in your food and in your ear.

Spaghetti Warehouse

221 E. Brady St.
Tulsa, OK 74101
918.587.4440

www.meatballs.com

Hours: Sun - Thur 11am-10pm, Fri - Sat 11am-11pm

The Spaghetti Warehouse combines Old World Italian Traditions with American abundance in hearty, made from scratch dishes. A festive atmosphere and large seating capacity makes Spaghetti Warehouse ideal for family celebrations and group gatherings.

Steakfinger House

403 S. Boulder Ave.
Tulsa, OK 74103
918.584.0454

Hours: Mon - Fri 6:30am-2:30pm

Full breakfast from 6:30am-10:30am. Our specialty is made daily - our hamburgers are considered some of the best! We've been at the same location for 25 years.

Subway

4 W. 4th St.
Tulsa, OK 74103
918.592.0000

www.subway.com

Hours: Mon-Fri 10am-6pm; Sat 10am-3pm

Subway has healthy food, as well as meals with drinks and chips. Call ahead for large orders, party subs, or party platters.

Subway

601 S. Boulder Ave.
Tulsa, OK 74119
918.592.7722

www.subway.com

Hours: Mon - Fri 9am-5pm

Sandwiches, salads, party subs and platters.

Summit Club

15 W. 6th St.
Tulsa, OK 74119
918.582.5243

www.summittulsa.com

Hours: Main Dining Room: Mon-Fri 11:30-2 ; Summit Grill: Mon-Fri, lunch buffet 11:30-1:30;

Penthouse Bar and Lounge: Mon-Sat cocktails 4pm-CLOSE; Sunset Café: Mon-Sat Dinner 5pm-11pm

Since the grand oak doors opened in 1967, The Summit has been Tulsa's paramount private dining and social club. Through the decades, superior cuisine, attentive warm service and stylish comfort have been the hallmark which has made The Summit one of Tulsa's most distinctive experiences.

Sun Café

907 S. Detroit Ave.
Tulsa, OK 74120
918.586.6252
Hours: Mon-Fri 7:30am-4pm

Tabouli's

414 S. Main St.
Tulsa, OK 74103
918.599.8220
Hours: Mon-Fri 11am-2pm
Serving Middle Eastern cuisine.

Teri's

3 E. 5th St.
Tulsa, OK 74103
918.58.CONEY (26639)
Hours: Mon - Fri 10:30am-2pm
We have been serving coney's, BBQ, salads, wraps, polish sausages, hot links, taco salads, and Frito pies since 1993. Friendliest and quickest service in Downtown!

Tulsa Press Club

415 S. Boston Ave., Lobby
Tulsa, OK 74103
918.583.7737

www.tulsapressclub.org

Hours: Mon-Fri 11am-8pm

The Tulsa Press Club is where journalists and the community they write about come together in the pursuit of both professional and social endeavors. Your membership dues and participation help our cause to offer scholarships to local students in exchange for a number of Tulsa Press Club privileges: lunch and full bar services in the downtown business district with monthly charging possible, meeting space for news conferences, private parties, receptions, board meetings, etc. at member rates, access to premium events including Headliner Dinners, First Draft Party, Media Icons, Annual Legislative Reception, and special "Members Only" events throughout the year, discounts for the monthly "Page One" luncheons featuring Oklahoma's leading newsmakers, reciprocal membership at other PRESS CLUBS across the country. Be a member at one of Tulsa's most stimulating environments for 75 years!!

White Rabbit Deli & Catering

224 N. Main St.
Tulsa, OK 74103
918.582.0200
Hours: Mon-Fri 7:30am-3pm

Broaden your horizons on your downtown eating experience! Now serving Tulsa with a variety of specialty wraps, sandwiches, salads, soups and baked goods. Or, start your morning with a cup of coffee and an "on the go" breakfast.

Williams Café

7 E. 2nd St.

Tulsa, OK 74103

918.573.3992

Hours: Mon-Fri 6:45am-1:30pm

They have a deli, hot entrée, pizza station, and a Mexican station as well as a salad bar to satisfy anyone's cravings. Full-service café with catering services and meeting rooms of all sizes